Picture here

# **Highlights**

*e.g.:*

* *Works well under pressure*
* *Exceptional interpersonal skills*
* *Highly responsible and reliable*
* *Reagents preparation expert*
* *competent in spotting search topics*

# **Education**

#### PhD • 2016-2020 • University of Dundee

The Biomechanical assessment of Tai Chi Chuan movement and implication in rehabilitation exercise

#### MSRS • 2013-2014 • Concordia University Wisconsin

*Master of Science in Rehabilitation Science*

#### BSPT • 2006-2011 • King Saud University

*Bachelor degree in physical Therapy*

# **Experience**

* *Assistant Professor – Health Rehabilitation department – Shaqra University From 2021 till now.*
* *Lecturer – Health Rehabilitation department – Shaqra University 2015-2021.*
* *Teaching Assistant – Health Rehabilitation department – Shaqra University 2011-2015.*

# **Personal Skills**

* *Computer Skills*
* *Good Reseacher*
* *Accreditation Skills*
* *Teaching aids education*

# Contact

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Google Scholar:

ORCID ID:

Bijad Saad Alqahtani

Ph.D in Biomechanics

# **Publications**

#### Comparing the effects of retro and forward walking on serum adiponectin levels in obese young adults

#### Comparison of Limb and Joint Strengths between Tai Chi Chuan Players and Non-Tai Chi Chuan Groups by Using a Force Sensor

#### Retro walking treadmill training reduces C—reactive protein levels in overweight and obese young adults: A randomized comparative study

# **National and international conferences**

#### International conference of human biomechanics and sport • 20-21/01/2021 • UK • (Speaker and winnerfor the best presentor).

#### American Physical Therapy Association APTA conference • 2014 • American Physical Therapy Association • USA (Attendence)

**Workshops**

#### How to prepare research plan for application specialties • 1442 • Shaqra University • KSA.

#### SPSS . • 01/09/2019 – 01/12/2019 • UK • (Attendence and Exam)

#### C-516 NAIOMT Cervical Spine I • 26-27/04/2016 • USA (Attendence)

#### C-511 NAIOMT Lumbopelvic Spine I • 24-25/04/2016 • USA (Attendence)

#### Medical Exercise Therapy Level II • 18-19/08/2015 • USA (Attendence)

#### Medical Exercise Therapy Level I • 16-17/08/2015 • USA (Attendence)