

Abdulaziz F. Abaoud, PhD, RN

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RESEARCH INTERESTS

Public Health Nursing / Nursing Education / Diabetes Mellitus / Sleep / Depression / Stress

EDUCATION

- 2022 **Doctor of Philosophy in Nursing (Ph.D.)**
Saint Louis university, St. Louis, MO
Advisor: Dr. Helen Lach
- 2017 **Master of Science in Nursing (MSN)**
Saint Louis university, St. Louis, MO
- 2011 **Bachelor of Science in Nursing (MSN)**
King Saud University, Riyadh, Saudi Arabia

ACADEMIC & PORFESSIONAL APPOINTMENTS

- Head of Department**
2024 – Present Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia
- Assistant Professor**
2022 – Present Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia
- Lecturer**
2018 – 2022 Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia
- Graduate Research Assistant**
2020 – 2022 Trudy Busch Valentine School of Nursing, Saint Louis University, St. Louis, MO
- Graduate Assistant**
2016 - 2017 Trudy Busch Valentine School of Nursing, Saint Louis University, St. Louis, MO
- Teaching Assistant**
2013 – 2018 Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia

TEACHING EXPERIENCE

- Shaqra University**
 2022 – Present Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia
- Shaqra University**
 2018 – 2019 Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia
- Shaqra University**
 2013 – 2014 Department of Nursing Sciences - College of Applied Medical Sciences, Shaqra University, Shaqra, Saudi Arabia

CLINICAL EXPERIENCE

- 2016 – 2017 **Student Nurse**
 Saint Louis University Hospital, St. Louis, MO
- 2016 **Student Nurse**
 St. Mary's Hospital, St. Louis, MO
- 2016 **Research Project Team Member**
 College of Arts and Sciences, Saint Louis University, St. Louis, MO
- 2016 **Student Nurse**
 Cardinal Glennon Children's Hospital, St. Louis, MO
- 2011 – 2012 **Nurse Intern**
 King Faisal Specialist Hospital and Research Center, Riyadh, Saudi Arabia

CERTIFICATIONS

- Training of Trainers (TOT) Course Certification**
 2024 Medical Education Without Borders – Accredited by the Saudi Commission for Health Specialties
- Research Bioethics Certificate**
 2024 National Committee of Bioethics (NCBE), King Abdulaziz City for Science and Technology, Riyadh, Saudi Arabia
- Academic Quality Practitioner**
 2023 Education & Training Evaluation Commission, Saudi Arabia
- Collaborative Institutional Training Initiative (CITI)**
 2016 Human Research, Saint Louis University, St. Louis, MO

AWARDS AND HONORS

- 2017 **Sigma Theta Tau International, Delta-Lambda Chapter Induction**
Trudy Busch Valentine School of Nursing, Saint Louis University, Saint Louis, MO

CONFERENCES AND SYMPOSIUMS

2023	Global Health Exhibition Ministry of Health, Riyadh, Saudi Arabia
2022	Sustainable Partnerships Conference Ministry of Education, Riyadh, Saudi Arabia
2022	5th Saudi Health Simulation Conference Ministry of Health, Riyadh, Saudi Arabia
2021	27th Annual Graduate Student Association Research Symposium Saint Louis University, St. Louis, MO
2020	33rd Annual Society of Rogerian Scholars Conference (Virtual)
2020	44th Annual Midwest Nursing Research Society Conference Schaumburg, IL (Virtual)
2018	42nd Annual Midwest Nursing Research Society Conference Cleveland, OH
2017	Patient Safety & Quality Symposium, Barnes Jewish Hospital St. Louis, MO
2016	40th Annual Midwest Nursing Research Society Conference Milwaukee, WI
2013	Gulf Nursing Day College of Nursing, King Saud University, Riyadh, Saudi Arabia
2011	Communication Skills Course, Saudi Commission for Health Specialties College of Nursing, King Saud University, Riyadh, Saudi Arabia
2010	Saudi Stroke Nursing Symposium King Fahad Medical City, Riyadh, Saudi Arabia

PUBLICATIONS

- Alenezi, A., Alhowaymel, F.M., **Abaoud, A.F.** & Mostafa, M. H. (2024). The relationship between psychological capital and humanistic caring ability among mental health nurses in Saudi Arabia. *BMC Nursing* 23, 688. <https://doi.org/10.1186/s12912-024-02344-7>
- Almarwani, A. M., Alenezi, A., Almutairi, M., Alhowaymel, F. M., Alzahrani, N. S., Alharbi, H. F., & **Abaoud, A. F.** (2024). Bullying Behaviors and Stress (Acute and Perceived) among

- Undergraduate Nursing and Midwifery Students: The Moderating Role of Gender and Academic Majors. In *Healthcare* (Vol. 12, No. 16, p. 1588). MDPI.
- Hamdan-Mansour, A. M., Alenezi, A., Soliman, H. F., Amasha, H. A., Ali, A. M., Alhowaymel, F. M., **Abaoud, A. F.**, Mahadeen, A. I., & Aboushady, R. M. (2024). Exploring Knowledge, Safety Practices, and Anxiety Level among Women of Reproductive Age During COVID-19 Outbreak: A Cross-Sectional Study. *Iranian Journal of Nursing and Midwifery Research*, 29(4), 473-478.
- Pandaan, R. P. M., Alenezi, A., Pandaan, I. N., **Abaoud, A. F.**, & Al Howaymel, F. (2024). Decision-Making and Leadership Style among Nurse Managers. *Journal of Nursing Research, Education and Management*, 12-21. <https://matjournals.net/nursing/index.php/JNREM/article/view/95>
- Saleh, M.S.M., Alenezi, A., Alhowaymel, F., **Abaoud, A.**, Elsabahy, H.E.S., Fathi, R.H., & Taref, N.N. (2024). Effectiveness of smartphone-based e-health intervention to promote cancer patients' quality of life: A quasi-experimental study. *International Journal of Advanced and Applied Sciences*, 11(6): 97-105. <https://doi.org/10.21833/ijaas.2024.06.011>
- Sadek, B. N., Hendy, A., Alhowaymel, F. M., **Abaoud, A. F.**, Alenezi, A., Hendy, A., & Ali, E. A. (2024). Are pediatric nurses prepared to respond to monkeypox outbreak?. *PloS One*, 19(4), e0300225. <https://doi.org/10.1371/journal.pone.0300225>
- Abdelmalik, M. A., Alhowaymel, F. M., Fadlalmola, H., Mohammaed, M. O., Abbakr, I., Alenezi, A., Mohammed, A. M. & **Abaoud, A. F.** (2023). Global prevalence of needle stick injuries among nurses: A comprehensive systematic review and meta-analysis. *Journal of Clinical Nursing*, 32(17-18), 5619-5631. <https://doi.org/10.1111/jocn.16661>
- Alhowaymel, F., **Abaoud, A.**, Alhuwaimel, A., Alenezi, A., & Alsayed, N. (2022). COVID-19 patients' satisfaction levels with nursing care: A cross-sectional study. *SAGE Open Nursing*, (8), 1-8. <https://doi.org/10.1177/23779608221078163>
- Abaoud, A.**, & Taylor, J. M. (2022). Missing Data. *Journal of Nursing Education*, 61(2), 65-66. <https://doi.org/10.3928/01484834-20220112-02>
- Marler, E. K., Bruce, M. J., **Abaoud, A.**, Henrichsen, C., Suksatan, W., Homvisetvongsa, S., & Matsuo, H. (2021, September30). The Impact of COVID-19 on University Students' Academic Motivation, Social Connection, and Psychological Well-Being. *Scholarship of Teaching and Learning in Psychology*. Advance online publication. <https://dx.doi.org/10.1037/stl0000294>
- Huisinigh-Scheetz, M., Buta, B., **Abaoud, A.**, Bandeen-Roche, K., Danilovich, M., Hall, J., Harrell, E., Hawkey, L., Lach, H., Martinchek, M., Mathur, A., Mir, N., Nieman, C., Toto, P., & Boot, W.

(2021). Gerontological Society of America Virtual Functional and Frailty Measurement Tip Sheets. The Gerontological Society of America. Available at <https://www.geron.org/images/documents/VirtualFunctionalandFrailtyMeasureBestPractices.doc>
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Huisingh-Scheetz, M., Buta, B., **Abaoud, A.**, Bandeen-Roche, K., Danilovich, M., Hall, J., Harrell, E., Hawkey, L., Lach, H. L., Martinchek, M., Mathur, A., Mir, N., Nieman, C., Toto, P., & Boot, W. (2021) Tip Sheets for the Synchronous, Remote Administration of Objective Functional and Frailty Measures Among Community-Dwelling Older Adults Using Video Conferencing. The Gerontological Society of America. Available at <https://www.geron.org/images/documents/TechSIGtipsheet.pdf>.

PRESENTATIONS

Abaoud, A. (Poster). Relationship between health literacy and treatment adherence behaviors among chronic disease patients: A synthesis. Midwest Nursing Research Society. April 1-4, 2020. Schaumburg, IL

Marler, E., K., Bruce, M., J., Henrichsen, C., **Abaoud, A., F.**, Suksatan, W., Homvisetvongsa, S., & Matsuo, H. (Paper Presentation). The impact of COVID-19 on university students' academic motivation, social connection, and psychological well-being. Graduate Student Association Research Symposium. April 30th, 2021. St. Louis, MO

COURSES TAUGHT

College of Applied Medical Sciences – Shaqra, Shaqra University

- 2024 Medical Terminology (MEDI 1301)
- 2024 Basics of Emergency Care (HLT 232)
- 2024 Adult Health Nursing 1/ Theory (NUR 242)
- 2023 Adult Health Nursing 2/ Theory (NUR 351)
- 2023 Adult Health Nursing 1/ Theory (NUR 242)
- 2023 Basics of Emergency Care (HLT 232)
- 2022 Fundamentals of Nursing / Theory (NUR 233)
- 2022 Information Technology in Nursing (NUR 484)
- 2022 Methods of Nursing Research and Statistical Analysis (NUR 475)

2019 Health Assessment / Practical (NUR 234)

SERVICES PROVIDED

- 2021 **Volunteer Practitioner with the Missouri Department of Health and Senior Services for the COVID-19 Vaccination Program**
St. Louis, Missouri, United States of America
- 2010 **Volunteer Practitioner with the Saudi Red Crescent Authority at Pilgrimage (Hajj)**
Makkah, Saudi Arabia