



Course Specifications

Course Title:	Fundamentals of Nursing Clinical
Course Code:	NUR 234
Program:	B. Sc. in Nursing
Department:	Dept. of Nursing
College:	College of Applied Medical Sciences in Al-Dawadmi
Institution:	Shaqra University

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A. Course Identification

1. Credit hours:			
2. Course type			
a.	University <input type="checkbox"/>	College <input checked="" type="checkbox"/>	Department <input type="checkbox"/> Others <input type="checkbox"/>
b.	Required <input checked="" type="checkbox"/>	Elective <input type="checkbox"/>	
3. Level/year at which this course is offered: Level 3/ 2 nd Year			
4. Pre-requisites for this course (if any):			
5. Co-requisites for this course (if any): NUR 233			

6. Mode of Instruction (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom		
2	Blended		
3	E-learning		
4	Distance learning		
5	Other	4 X (2 actual) X 15 = 120	100%

7. Contact Hours (based on academic semester)

No	Activity	Contact Hours
1	Lecture	
2	Laboratory/Studio	
3	Tutorial	
4	Others (specify)	
	Total	120 hours

B. Course Objectives and Learning Outcomes

1. Course Description

This course is a co-requisite to the theoretical part of clinical skills. It focuses on exploring the nursing process & its application in nursing practice. Student should be able to apply the concepts of communication, hygiene, nutrition, mobility, safety, medication calculation and administration in the lab prior to their contact with the patients in hospitals.

2. Course Main Objective

Student should be able to apply the various integral components of client care specifically asepsis, communication, medication and hygiene; assessing health particularly taking vital signs; and promoting physiological health specially activity and exercise prior to their actual exposure in the different levels of health care delivery.

3. Course Learning Outcomes

CLOs		Aligned PLOs
1	Knowledge and Understanding	
1.1	Describe the basic components of nursing care.	K1
1.2	List the different principles and concepts in the performance of basic nursing skills.	K2
1.3	Recall the sequential steps of the nursing process and basic nursing procedure.	K3
2	Skills :	
2.1	Demonstrate effective communication skills both orally and written in dealing with the health care team and clients.	S3
2.2	Operate common mechanical device (electronic vital signs monitoring and infusion pump) and interpret obtained values.	S4
2.3	Perform a comprehensive physical health assessment and effective and safe nursing care in a simulated setting.	S5
3	Values:	
3.1	Adopt competency appropriate for a beginner in performing basic nursing procedure.	C1
3.2	Acknowledge responsibility, accountability and punctuality while working with peers and faculty members.	C3

C. Course Content

No	List of Topics	Contact Hours
1	Introduction Body Mechanics Asepsis Infection Control Performing hand hygiene	8 hours
2	Applying and removing Personal Protective Equipment (Gloves, Gown, Mask, Eyewear) Sterile Gloving Quiz 1	8 hours
3	Assessing Health Vital Signs Assessing body temperature	8 hours
4	Assessing Pulse (apical/radial) Assessing respiration	8 hours
5	Assessing blood pressure (auscultation, Palpation and Electronic Device) Assessing oxygen saturation Quiz 2	8 hours
6	Medication Administration Administering oral medication Administering medication by enteral tube Midterm Exam 1	10 hours
7	Applying dermatologic medication Administering ophthalmic medication Administering otic medication	8 hours
8	Administering nasal medication Administering metered-dosed inhaler	8 hours

	medication Administering vaginal/rectal medication	
9	Preparing medications from ampules Preparing medications from vials Mixing medication using one syringe	8 hours
10	Administering intradermal injection Administering subcutaneous injection Administering muscular injection	8 hours
11	Calculation and regulation of flow Care Peripheral IV care: dressing and discontinuation	10 hours
12	Adding medications to IVF Administering intermittent IV medications using a secondary set Administering IV medications using IV push Midterm Exam 2	8 hours
13	Hygiene Providing bed bath Providing Perineal-Genital Care for Female Patient Providing Mouth care Providing Hair Care Providing Foot and Nail Care	10 hours
14	Activity and Exercise Positioning Supporting the Client Position in Bed Moving the client up on bed Turning the Client to a Lateral or Prone Position in Bed Logrolling a client Assisting Client to Sit on the Side of the Bed and Chair	10 hours
15	Final exam	
Total		120 hours

D. Teaching and Assessment

1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Assessment Methods			
Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
1.0	Knowledge and Understanding		
1.1	Describe the basic components of nursing care.	1. Demonstration and return demonstration. 2. Role play. 3. Self-practice utilizing the audiovisual tapes. 4. Discussion. Audiovisual material (video clips).	1. Continuous clinical evaluation criteria 2. Practical exams. 3. Oral discussions. 4. Written exams
1.2	List the different principles and concepts in the performance of basic nursing skills.		
1.3	Recall the sequential steps of the nursing process and basic nursing procedure.		
2.0	Skills		
2.1	Demonstrate effective communication skills both orally and	1. Demonstration and return demonstration.	1. Continuous clinical

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
	written in dealing with the health care team and clients.	2. Role play.	evaluation criteria
2.2	Operate common mechanical device (electronic vital signs monitoring and infusion pump) and interpret obtained values.	3. Self-practice utilizing the audiovisual tapes.	2. Practical exams.
2.3	Perform a comprehensive physical health assessment and effective and safe nursing care in a simulated setting.	4. Discussion.	3. Oral discussions.
		5. Audiovisual material (video clips).	4. Written exams
3.0	Values		
3.1	Adopt competency appropriate for a beginner in performing basic nursing procedure.	1. Demonstration and return demonstration.	1. Continuous clinical evaluation criteria
3.2	Acknowledge responsibility, accountability and punctuality while working with peers and faculty members.	2. Role play.	2. Practical exams.
		3. Self-practice utilizing the audiovisual tapes.	3. Oral discussions.
		4. Discussion.	Written exams
		Audiovisual material (video clips).	

2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	Attendance/Attitude/Class Participation	Throughout the semester	5%
2	Quizzes	Per unit	5%
3	Return Demonstration	At the end of each unit	10%
4	Midterm Exam 1 (Skill)	6 th week	15%
5	Midterm Exam 1 (Written)	6 th week	5%
5	Midterm Exam 2 (Skill)	12 th week	15%
6	Midterm Exam 2 (Written)	12 th Week	5%
✓	Final Exam (Skills)	At the end of the semester	30%
	Final Exam (Written)	At the end of the semester	10%
Λ	Total		100%

*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

E. Student Academic Counseling and Support

Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice :

Sunday and Monday (10 AM to 12 NN)

Tuesday and Wednesday (2 PM to 4 PM)

F. Learning Resources and Facilities

1. Learning Resources

Required Textbooks	<ol style="list-style-type: none"> 1. Kozier & Erb's Fundamentals of Nursing (9th Edition) by Barbara Kozier, Glenora Erb, Audrey J. Berman Ph.D., Shirlee J. Snyder, Published 2011 by Prentice Hall 2. Fundamentals of Nursing: The Art and Science of Nursing Care (Sixth) by Carol R. Taylor PhD MSN RN, Carol Lillis, Priscilla LeMone, Pamela Lynn Published 2006 by Lippincott Williams & Wilkins
Essential References Materials	Fundamentals of Nursing Made Incredibly Easy! (1st Edition) Published by Lippincott Williams & Wilkins.
Electronic Materials	www.su-lms.com/lms.su.edu.sa
Other Learning Materials	

2. Facilities Required

Item	Resources
Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)	Classroom and laboratory to accommodate at least 40 students with computer and internet access
Technology Resources (AV, data show, Smart Board, software, etc.)	Projector, Computer (CPU), Speaker
Other Resources (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list)	Infusion pump, electronic sphygmomanometer, digital thermometer

G. Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	Evaluation Methods
Effectiveness of teaching and assessment	Program Head Students	Direct
Quality of learning Resources	Head of Quality Control Program Head Students	Direct and indirect

Evaluation areas (e.g., Effectiveness of teaching and assessment, Extent of achievement of course learning outcomes, Quality of learning resources, etc.)

Evaluators (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify)

Assessment Methods (Direct, Indirect)

H. Specification Approval Data

Council / Committee	
Reference No.	