

## **CURRICULUM VITAE**

### **PERSONAL DATA:**

**Name:** Ram, Dushad

**Gender:** Male

**Nationality:** Indian.

**Marital status:** Married.

**Written and spoken languages:** Hindi, English.

### **PREVIOUS POSITION**

Title of the position: Assistant Professor of Psychiatry

Duration: Aug'08 - Jan'16

Title of the position: Associate Professor of Psychiatry

Duration: Jan'16 – Oct 2019 – 01 October 2019 (In India)

### **PRESENT POSITION:**

Title of the position: Associate Professor of Psychiatry (In Saudi Arabia)

Duration: 10 October 2020 – till date

### **ACADEMIC QUALIFICATION**

#### **1. MBBS:**

**Date:** August 1996; Shyam Shah Medical College, APS University, Rewa, Madhya Pradesh, India.

#### **2. Diploma in Psychological Medicine:**

Date- July 2002; Central Institute of Psychiatry, Ranchi University, Ranchi, Jharkhand, India.

Thesis Topic: Subsyndromal symptoms in bipolar disorder

### **3. Doctor of Medicine:**

Date- January 2008; Central Institute of Psychiatry, Ranchi University, Ranchi, Jharkhand, India.

Thesis: Whole plasma thiamine levels and severity of alcohol withdrawal in patients with alcohol dependence.

## **TRAINING AND EDUCATION SINCE SECONDARY SCHOOL DIPLOMA (MATURITÉ, BACCALAUREATE...)**

1. Higher secondary school

Period: 1989-1990, Institution- St Xavier's Higher Secondary School, Ambikapur, Surguja, Chhattisgarh, India.

## **PROFESSIONAL ACTIVITIES (POST-GRADUATE):**

1. MBBS : Duration 1990-1995 at Shyam Shah Medical College, Ranchi University Ranchi, Madhya Pradesh, India.

2. Diploma in Psychological Medicine: Duration- 2000-2002 at Central Institute of Psychiatry, Ranchi University, Ranchi, Jharkhand, India.

3. Doctor of Medicine; Duration - 2005-2007 at Central Institute of Psychiatry, Ranchi University, Ranchi, Jharkhand, India.

## **TEACHING EXPERIENCE:**

Teaching post held: Senior Resident; Period: 2002-2004.

Assistant Professor of Psychiatry: 2008-2016

Associate Professor of Psychiatry: 2016- till date

Teaching Hours: 2008-2019: Annual hours 3180 hours.

Since 2019 Annual 120 hour

Teaching Course: Undergraduate and postgraduate

## **INTERNATIONAL RESEARCH TRIALS:**

Sub-investigator of the following research

1. A Phase 3, Randomized, Placebo- and Active Comparator-Controlled Clinical Trial to Study the Safety and Efficacy of Two doses of Lurasidone HCl in Acutely Psychotic Patients with Schizophrenia - Sub-Investigator, 2008-2009.
2. A Phase 3 Randomized Double Blind, Placebo-And Active Controlled Clinical Trial to Study the Efficacy & Safety of Two Doses of Lurasidone in Acutely Psychotic Patients with Schizophrenia (Pearl 3) - Sub-Investigator, 2008-2010.
3. A Phase 3 Randomized, Double-Blind, Active Comparator-Controlled Clinical Trial to Study the Safety and Efficacy of Lurasidone in Subjects with Schizophrenia (Pearl 3 Extension Study) - Sub-Investigator, 2008-2010.
4. Evaluation of the Safety & Efficacy of RCH – 188 in the Acute Exacerbation of Schizophrenia - Sub-Investigator, 2008-2009.
5. A Long-term, Open Label Extension Study of the Safety & Tolerability of RGH-188 (Cariprazine) in Patients with Schizophrenia -Co-Investigator, 2009-2010.
6. A Double-Blind, Placebo-Controlled, Multicenter, Parallel Group Study to Assess Efficacy, Safety & Tolerability of TC-5619 as Augmentation Therapy to Improve Cognition in Outpatients with Cognitive Dysfunction in Schizophrenia - Sub-Investigator, 2008-2009.
7. A Double Blind, Placebo Controlled Evaluation of the Safety & Efficacy of Cariprazine in Patients with Acute Mania Associated with Bipolar I disorder - Sub-Investigator, 2010-2011.
8. “A Study to Assess the Long-term Efficacy & Safety of Olanzapine & Fluoxetine Combination Versus Fluoxetine Only in the Relapse Prevention of Stabilized Patients with Treatment-Resistant Depression” - Sub-Investigator, 2009-2011.
9. A Phase II Double-Blind, Parallel Group, Randomized, & Placebo Controlled Clinical Trial of Sensoril for Patients with Generalized Anxiety Disorder; A Multi-Center RCT - Co-Investigator. Brief Description: Assessing the Efficacy & Safety of a Standardized Extract of the Medicinal Plant – Withania Somnifera for DSM IV Generalized Anxiety Disorder, 2011.
10. A Multicenter, Randomized, Double-Blind, Parallel Group, Placebo-Controlled, Phase III,

Efficacy & Safety Study of 3 Fixed Dose Groups of TC-5214 (S-mecamylamine) as an Adjunct to an Antidepressant in Patients with Major Depressive Disorder Who Exhibit an Inadequate Response to Antidepressant Therapy. 2011.

#### **CLINICAL EXPERIENCE:**

- Junior Medical Officer: 1997-1997
- Rural Medical Officer: 1998-2000.
- Junior resident: 6 years
- Senior Resident: 2 years
- Associate In charge of both Male and Female inpatient and outpatient psychiatry Unit 1, JSS Hospital, JSS Medical College, Mysore, 2008-2019.
- In-charge of mental health care for Mother Teresa Destitute home Mysore for male and female, 2011-2019.
- In-charge of mental health care for Sister of Poor, old age home Mysore, 2017-2019.
- In-charge of mental health care for, Srinidhi Deaddiction Center, Mysore, 2018-2019.
- In-charge of mental health care for, Good future Deaddiction Center, Mysore, 2018-2019.
- In-charge of mental health care for, We-care Deaddiction Center, Mysore, 2018-2019.
- Psychiatry Consultant in-charge, Aashritha Mind care nursing home, Mysore, 2016-2019.

#### **ADMINISTRATION:**

- In-charge for geriatric psychiatry clinic in JSS Hospital, JSS Medical College, Mysore.
- In-charge of psychiatry department for NABH accreditation of JSS Hospital, JSS Medical College, Mysore.
- Clinical auditor of department of psychiatry JSS Hospital, JSS Medical College, Mysore.
- From 2008- 2012, Academic in-charge of department of psychiatry JSS Medical College, Mysore.
- Member of body of “National tobacco cessation program” from JSS medical & dental college.
- Member of Organizing Committee for 1st Karnataka State Annual Conference of Indian

Association of Private Psychiatry on 30& 31 May 2009, Theme: Competence Building in Private Practice held in Mysore, Karnataka, India

- Member of Organizing Committee for Annual Conference of Indian Association of Private Psychiatry on 9 & 10 July 2011, Theme: Art of Psychiatry- Relationship Matters held in Mysore, Karnataka, India
- Member of Organizing Committee for 21 Annual Conference of Indian Psychiatric Society - Karnataka Branch on 20& 21 August 2011, Theme: Low & Psychiatry - Today & Tomorrow held in Mysore, Karnataka, India
- Member of Organizing Committee for Annual Conference of Indian Association of Geriatric Psychiatry on 29th & 30th September 2011, Theme: Old Age- Intimacy Matters held in Mysore, Karnataka, India.
- Course coordinator and in-charge psychiatry at college of medicine Shaqra and college of medicine Dawadmi, Shaqra University, Shaqra, Saudi Arabia.

#### **AFFILIATION IN PROFESSIONAL SOCIETIES:**

- Member of Medical Council of India, Madhya Pradesh state, India.
- Member of Medical Council of India, Karnataka state, India.
- Indian Psychiatric Society in 2009
- Indian Association of Private Psychiatry in 2010
- Telemedicine Society of India 2016
- Indian Association of Biological Psychiatry in 2017
- Association of Psychosocial Rehabilitation in 2018

#### **OFFICIAL POSTS HELD:**

- Vice president, Resident Doctor Association at Central Institute of Psychiatry, Kanke, Ranchi, India, 2007.
- Vice president of Mysore Royal Psychiatric Society, 2014-2018.
- Vice president of Mysore chapter, Indian Psychiatric Society, 2019.

- Executive member of Indian Association of Private Psychiatry, Karnataka Chapter, 2018.
- Executive member of Indian Psychiatric Society, Karnataka Chapter, 2019.

## **TECHNICAL AND SCIENTIFIC ROLES:**

### **1. Reviewers of journals**

1. Archives of Women's Mental Health
2. PLOS One
3. Asian Journal of Psychiatry
4. Frontier in Psychiatry
5. Frontier in psychology
6. BMC Psychiatry
7. International Journal of Social Psychiatry
8. Heliyon
9. International Journal of health and Allied Science
10. Journal of International Medical Research
11. Acta Psychopathologica
12. International Journal of Environmental Research and Public Health
13. Merit Research Journal of Education and Review
14. Journal of Pharmaceutical Research International
15. Journal of Advances in Medicine and Medical Research
16. Asian Journal of Pediatric Research
17. Journal of clinical and diagnostic research
18. Journal of Affective Disorders Reports
19. Journal of mood Disorder
20. American journal of health and behavior
21. Cereus
22. Psychiatria Denubina
23. Expert Review of Neurotherapeutics

24. Journal of Men's Health
25. Behavioral Sciences
26. Psychiatry International
2. External examiner for MPhil Psychiatric Social Work at Central Institute of Psychiatry, Kanke, Ranchi, Jharkhand, India, 2016.
3. External Examiner for Pre-PhD Clinical Psychology at National Institute of Mental Health and Allied Sciences, 2018.
4. Internal Examiner for MD Psychiatry at JSS Medical College, Mysore, Karnataka, India, 2016-2018.
5. Internal Examiner for Post Graduate Diploma in Psychological Medicine at JSS Medical College, Mysore, Karnataka, India, 2016-2018.
6. Internal Examiner for MPhil in Clinical Psychology at JSS Medical College, Mysore, Karnataka, India, 2016.
7. Examiner of Undergraduate Psychiatry for Psychiatry in Shaqra College of medicine, Shaqra University, Shaqra, 2019.
8. Examiner of Undergraduate Psychiatry for Psychiatry in Dawadmi College of medicine, Shaqra University, Shaqra, 2019.
9. External examiner of MD Psychiatry, All India Institute of Medical Science Rishikesh, year 2021, 2022.

**THESIS DIRECTOR:**

1. Thesis topic: Sleep Quality in End-stage Renal Disease Patient on Maintenance Hemodialysis: A Six-Month Prospective Survey. Student Name: Vinutha Menon; Course: Doctor of Pharmacy; Year: 2015.
2. Thesis Topic: Assessment of Health Status Among Adolescent Girls: A Cross Sectional Study. Student Name: Dr. Smitha Chandrashekarappa; Course: Doctor of Medicine (Community Medicine); Year 2016.
3. Thesis Topic: Pattern of sexual dysfunction among psychiatry patients attending OPD and its

correlation with psychotropics. Student Name: Dr. T. Navya Spurthi; Course: Doctor of Medicine (Psychiatry); Year 2018.

4. Thesis topic: The Relationship of Serum Leptin, Serum TNF- $\alpha$ , Plasma Lipids & Obesity Parameters in Patients Treated with Weight Neutral Antidepressants. Student name: Dr. Naveen Kumar Reddy Gangavaram; Course: Doctor of medicine (General Medicine); Year 2018.
5. Thesis topic: Outcome of Brief Psychiatric Intervention as Adjunct Treatment for Pain Perception among Rheumatoid Arthritis Patient. Student name: Dr. Nidhal Amanulla A; Course: Doctor of Medicine (Psychiatry); year 2019.
6. Thesis Topic: Relationships of co-morbidity, cognitive style, and decision making in attempted suicide. Student name: Dr. Suhruth Reddy; Course: Doctor of Medicine (Psychiatry); Year 2019.

#### **LIST OF PUBLICATIONS IN PEER REVIEWED JOURNALS**

1. Aich TK, Saha I, Ram D, Ranjan S, Subedi S. A Comparative Study on 136 Opioid Abusers in India & Nepal. Journal of Psychiatrists association of Nepal 2013; 2(2): 11-17
2. Ram D, Kumar V. Schizophrenia: A Delayed & Uncommon Presentation - A Case Report. Sri Lanka Journal of Psychiatry. 2014; 5 (1):23-24
3. Ram D, Kumar A. Compulsive Rituals by Proxy-A Case Report. Sri Lanka Journal of Psychiatry 2014; 5(2) 29-31
4. Lucca JM, Kurian J, Ramesh M, Ram D. Appraisal of Clinical Pharmacy Services in Mental Health Unit of a South Indian Tertiary Care Hospital. World Journal of Pharmacy & Pharmaceutical Sciences. 2014; 3(11):780-791
5. Sanathan SR, Menon VB, Alla P, Madhuri S, Shetty MS, Ram D. Depressive Symptoms in Chronic Kidney Disease Patients on Maintenance Hemodialysis. World Journal of Pharmacy & Pharmaceutical Sciences. 2014; 3(8): 535-548
6. Ram D, Kumar V, Gowdappa B. Sleep Terror to Anger, A Dream Manipulation – A Case Report. Minerva Psichiatrica 2014 December; 55(4):226-9



7. Menon VB, Alla P, Madhuri S, Sanathan SR, Shetty MS, Ram D. Sleep Quality in End-stage Renal Disease Patients on Maintenance Hemodialysis: A Six-Month Prospective Survey. *World Journal of Pharmacy & Pharmaceutical Sciences*. 2015;6(2): 660-68
8. Noel M Isaac, BharathanVineetha, Menon, Mini Johnson Christudas, Krishna Undela, Dushad Ram. Comparative Review of a Novel Melatonergic Antidepressant Drug-Agomelatine. *World Journal of Pharmaceutical Research*.2015;4(7):1323-1334
9. Ram D, Eiman N, Gowdappa BH. Multimodal Hallucination associated with the use of Zolpidem. *Clinical Psychopharmacology & Neuroscience* 13(2):215-217
10. Ram D, Vathsala JK. Psychosocial & Human Rights Issues in Females with a Severe Mental Illness in Remission. *Minerva Psichiatrica* 05/2015; 56(2):71-78.
11. Lucca JM, Ramesh M, Parthasarathi G, Ram D. Incidence and factors associated with medication nonadherence in patients with mental illness: A cross-sectional study. *J Postgrad Med* 2015; 61:251-6.
12. Ram D, Gowdappa BH. Trust & Expectation on Psychiatrist & its Relationship with Satisfaction & Adherence in Patients with Mental Illness. *Archives of Clinical Psychiatry* 2015;42(1):13-7
13. Ram D, Patil S, Gowdappa B, Ayishwarya. Atomoxetine augmentation in a Case of Treatment Resistant Panic Disorder with Multiple Augments Failure: A Case Report. *Clinical Psychopharmacology & Neuroscience* 13(3):321-323
14. Ram D. Whole Blood Thiamine Levels & its Relationship with Severity of Alcohol Withdrawal & Neurological Soft Signs in Patients with Alcohol use Disorder. *Journal of Neuropsychiatry*; 2016;1(1):1-5
15. Lucca JM, Ramesh M, Ram D, Kishor M. Incidence & Predictors of Adverse Drug Reactions Caused by Drug-Drug Interactions in Psychiatric Patients: An Empirical Study. *Trop J Med Res* 2016; 19:29-35
16. Ram Dushad, Adarsh LS, NaikSudharani. Don't Commit Suicide - A Suggestion by Attempters after a Suicide Attempt - *International Journal of Medical & Health Research* 2015;1(4): 119-121
17. Ram Dushad, MahegowdaDarshan, GowdappaBasavana H. Correlates of Process of Suicide Attempt & Perception of its Prevention. *Iranian J Psychiatry* July 2016; 11:3

18. Ram D, Patil S, Gowdappa BH. Level of Paranormal Beliefs & Its Relationship with Explanatory Models, Treatment Adherence & Satisfaction. Arch Clin Psychiatry. 2016;43(3):51-5
19. Smitha MC, Narayana Murthy MR, Ram D, Manjunath R. An effort to know the association of mental disorders with socio-demographic variables. Int J Med Sci Public Health 2015;4-7
20. Lucca JM, Ramesh M, Ram D, Kurian J, Mathew N. Psychotropic Medication-Induced Sexual Dysfunction & its Interference with Patient's Daily Performance: A Cross-sectional Study. Egypt J Psychiatr 2016; 37:36-40
21. Ram D, Benny N, Gowdappa B. Relationship Between Depression Literacy and Medication Adherence in Patients with Depression. Journal of Mood Disorders. 2016;6(4):183-8.
22. Ram D. Distress Tolerance, Psychosocial Burden & its Relationship with Self-Management of Health in Women with Mental Illness. Journal of Psychopathology 2017; 23:4-11.
23. Lucca JM, Ramesh M, Ram D. Gender Differences in the Occurrences & Pattern of Adverse Drug Reactions in Psychiatric patients: A Prospective Observational Study. Trop J Med Res 2017; 20:84-90
24. Manjunatha N, Khess CJ, Ram D. 'The conceptualization of term: 'Mood' & 'Affect' in Academic Trainees of Mental Health. Indian Journal of Psychiatry 2009; 51:285-8
25. Rao TSS, Prabhakar AK, Jagannatha Rao KS, Sambamurthy K, Asha MR, Ram D, Nanda A. Relationship between Consanguinity & Depression in a South Indian Population. Indian Journal of Psychiatry 51:50-2, 2009
26. Ram D, Ram D. Subsyndromal States in Bipolar Disorder. Indian Journal of Psychiatry 2010; 52:367-70
27. Ram D, Darshan M S, Rao T, Honagodu AR. Suicide Prevention is Possible: A Perception After Suicide Attempt. Indian J Psychiatry 2012; 54:172-6.
28. Darshan MS, Raman R, Rao TSS, Ram D, Annigeri B. A Study on Professional Stress, Depression & Alcohol use Among Indian IT Professionals. Indian Journal of Psychiatry; 55(1)2013; 63-69
29. Ram D. Art & Psychiatry: From Ecstasy to Agony & Back-Journeying with Adolescents on the Street. Indian Journal of Psychiatry 2013; 55:100-1
30. Lucca JM, Ramesh M, Parthasarathi G, Ram D. Lorazepam-Induced Diplopia. Indian Journal of Pharmacology 2014; 46:228-9

31. Lucca JM, Madhan R, Gurumurthy P, Dushad R. A Prospective Observational Study to Evaluate Safety Reporting of Antidepressants at a Tertiary Care Hospital in India. *Indian Journal of Pharmacology* 2014; 46:543-6
32. Lucca JM, Madhan R, Parthasarathi G, Ram D. Identification & Management of Adverse Effects of Antipsychotics in a Tertiary Care Teaching Hospital. *Journal of Research & Pharmacy Practice* 2014; 3:46-50
33. Darshan M S, Sathyanarayana Rao T S, Manickam S, Tandon A, Ram D. A Case Report of Pornography Addiction with Dhat Syndrome. *Indian Journal of Psychiatry* 2014; 56:385-7
34. Ram D, Kumar V, Rao TSS. Issues in Acute Psychosis of an Illiterate Hearing Impaired with Minimal Speech Output –A Psychiatrist Perspective. *Indian Journal of Psychiatry* 2015; 57(1):99-100
35. Ram D, Ashoka HG, Gowdappa B. Hyperglycemia Associated Dissociative Fugue (Organic Dissociative Disorder) in an Elderly. *J Family Med Prim Care* 2015; 4:465-7
36. Jisha M Lucca · Niphy Annie Varghese · Madhan Ramesh · Dushad Ram A Case Report of Isotretinoin-induced Manic Psychosis. *Indian Journal of Dermatology* 2016; 61(1):120
37. Dushad Ram, Sudharani P Naik, Arun Kumar. Familial Split–Hand/Foot Malformation, Depression & Suicidality – A Case Report. *Scholars Journal of Medical Case Reports*. September 2015; 3(9A):815-816
38. Dushad Ram, Basavanna Gowdappa, Ashoka H G, Najla Eiman. Psychopharmaco-Teratophobia: Excessive Fear of Malformation Associated with Prescribing Psychotropic Drugs During Pregnancy: An Indian Perspective. *Indian Journal of Pharmacology* 47(5):484- 90
39. Dushad Ram, Vinay Kumar, Sudharani P Naik, Arun Kumar. Uncommon Delusion Disorder of Changed Facial Expression & Dilemma of Somatic or Sexual Subtype. *Scholars Journal of Applied Medical Sciences*. 2015; 3(5D):2052-2053
40. Christudas MJ, Gupta BS, Undela K, Isaac NM, Ram D, Ramesh M. Assessment of Impact of Pharmacophilia & Pharmacophobia on Medication Adherence in Patients with Psychiatric Disorders: A Cross-sectional Study. *Indian J Pharmacol* 2016; 48:701-5.
41. Lucca JM, Ramesh M, Parthasarathi G, Ram D. A prospective surveillance of pharmacovigilance of psychotropic medicines in a developing country. *Psychopharmacology Bulletin*. 2016 Mar 3;46(1):54.
42. Murthy NMR, Smitha MC, Ram D, Kulkarni P, Ashok NC. Association of Psychiatric Morbidity

with Quality of Life Among Late Adolescent Girls: Exploring the Iceberg. Int J Community Med Public Health 2016; 3:1167-72

43. Rathod H, Ram D, Sundarmurthy H, Rathod S, John D. Headache Disability, Suicidality & Pain Catastrophization - Are They Related. Journal of Clinical & Diagnostic Research. 2016 Nov, Vol-10(11): VC01-VC04
44. John D, Ram D, Sundarmurthy H, Rathod H, Rathod S. Study of Barrier to Help Seeking & its Relationships with Disability in Patients with Headache. Journal of Clinical & Diagnostic Research. 2016 Oct, Vol-10(10): VC01-VC05
45. Ram D, Lakkursiddappa A, RamanR, Gowdappa BH. Explanatory Models & Medication Adherence in Patients with Depression in South India. Journal of Clinical & Diagnostic Research. 2017 Jan, Vol-11(1): VC01-VC04
46. Ram D. Distress Tolerance, Psychosocial Burden & its Relationship with Self-management of Health in Women with Mental Illness. Journal of Psychopathology 2017; 23:1-4
47. Ram D, Kumar A, Naik S, Kumar B, Gowdappa BH. Mentally Ill Caregivers: Reverse Burden of Care & its Relationship with Medication Adherence Among Women in India - An Exploratory Study. J Behav Health. 2017; 6(4): 151-156
48. Lucca JM, Ramesh M, Ram D. Gender Differences in the Occurrences & Pattern of Adverse Drug Reactions in Psychiatric Patients: A Prospective Observational Study. Trop J Med Res 2017; 20:84-90
49. Lucca JM, Varghese NA, Ramesh M, Ram D. Economic Impact & Severity of Adverse Drug Reactions in patients with Mental Illness: A Prospective Observational Study. IntJ Health Allied Sci 2017; 6:93-8
50. Ram D. Levels of Abuse in Mentally Ill Women & its Relationship with Health Care Behavior - An Exploratory Study. J Psychopathology 2017; 23:52-59
51. Gangavaram NKR, Siddapa AL, Muthiah B, Ram D. The Relationship of Serum Leptin, Serum TNF-a, Plasma Lipids & Obesity Parameters in Patients Treated with Weight Neutral Antidepressants. Int J Res Med Sci. 2018 Feb;6(2):465-471
52. Ram D, Eiman E. A Study of Attitude Towards Medication & Medical Help Seeking Among Medical & Pharmacy Students. J Beha Health. 2018; 7 (1): 12-17

53. Ram D, Gowdappa B, Raman R. Thought Broadcasting of Obsessions in Patient with Difficult to Treat Schizophrenia. J Behav Health. 2017; 6(4): 186-188
54. Ram D, Raman R, Gowdappa B. Lorazepam Precipitated Alcohol Withdrawal Delirium - Two Case Report. Asian J Psychiatry. 2017 Dec; 30:98-99
55. Ram D, Tharun Krishnan R, Najla E & Sathyanarayana Rao TS. Differential Treatment Response of Auditory Hallucination in A Unilateral Hearing-Impaired Patient: A Case Report. Annals of Clinical Case Reports. 2017; 2:1340-1331
56. Ram D. A Case Report of a Female Patient with Pica. Annals of Clinical Case Reports. 2017; 2 :1332-1333
57. Ram D, Chandran S, Gowdappa HB. Suicide & Depression Literacy Among Health Professions Students in Tertiary Care Centre in South India. J Mood Dis 2017;7(3):149-55.
58. Lavekar A, Chandran S, Ram D, Sadar A, Manjari KS. Awareness about Irritable Bowel Syndrome among Interns of Medical College. Journal of Medical Sciences and Health. 2018;24(134):67-0.
59. Ram D, Raman R, Gowdappa B. Othello Syndrome in Extramarital Involvement & Dilemma of Psychiatrist. Open Journal of Psychiatry & Allied Sciences. 2019;10(1):79-81.
60. Ram D, George M, Gowdappa B. Correlation of cognitive functions with emotional dysregulation in alcohol dependence: A preliminary study. Indian J Psychiatry 2018; 60:307-11.
61. Ram D, Chandran S, Sadar A, Gowdappa B. Correlation of cognitive resilience, cognitive flexibility and impulsivity in attempted suicide. Indian J Psychol Med 2019; 41:362-7.
62. Ram D, Rani Naik S, Kumar A, Gowdappa B. Severity of domestic abuse and its relationship with distress tolerance and medication adherence in women with mental illness in South India. Psychiatriki. 2019 Jan-Mar;30(1):32-38.
63. Ram D, Chandran S, Sadar A, Gowdappa B. Correlation of Cognitive Resilience, Cognitive Flexibility and Impulsivity in Attempted Suicide. Indian J Psychol Med. 2019 Jul-Aug;41(4):362-367.
64. Dushad R, Mintu M, Samaksha PB, Basavana GH. A study of drug attitude and medication adherence and its relationship with the impact of illness among the mentally ill. Archives of Clinical Psychiatry (São Paulo). 2019 Aug 29;46:85-8.
65. Ram D, Jancy C. Treatment of snakebite with snakestone-A preliminary observational study. International Journal of Health & Allied Sciences. 2019 Jul 1;8(3):155-158.

66. Ram D, Mathur S. Quetiapine-induced leukocytoclastic vasculitis. *Indian Journal of Pharmacology*. 2019 Jul;51(4):282.
67. Ram D, Koenur, Gowdappa B. Relationship between life skills, repetitive negative thinking, family function and life satisfaction in attempted suicide. *Indian J Psychiatry*, 2020 May-Jun; 62(3): 283–289.
68. Amanullah NA, Ram D, Ramaswami S, Alammar M. Positive Emotion Induction for Pain Associated with Rheumatoid Arthritis-A Quasi-Experimental Study. *Journal of Clinical & Diagnostic Research*. 2021 Aug 1;15(8).
69. Kishor M, Chandran S, Vinay HR, Ram D. Suicide among Indian doctors. *Indian J Psychiatry* 2021;63:279-84.
70. Ram D. Cyclic vomiting syndrome responding to Amisulpride – A case report. *Indian Journal of Physiology and Pharmacology*. July-September 2021; 65(3): 201-203.
71. Ram D, Mathew A. Psychosocial burdens of women in India: A narrative review. *J Sci Soc* 2021; 48:138-44.
72. Ram D. Recreational use of Snake Venom, an emerging trend in India - A case report and review of reports. *Indian Journal of Physiology and Pharmacology Indian Journal of Physiology and Pharmacology* 2021; 65:242-4.
73. Ram D, Mushtaq NF, Honnugudi BD, Alammar MA. Level and Relationships of Life Satisfaction with Cognitive Flexibility and Resilience in IT Professionals. *Indian J Occup Environ Med*. 2022 Apr-Jun;26(2):84-90.
74. Alammar MA, Ram D, Al-Arifi OA, Alseleem AT, Alsumayt AI. Levels and Relationships of Impulsivity and Aggressive Driving in Shaqra, Saudi Arabia. *Am J Health Behav*. 2022 Apr 20;46(2):134-142.
75. Manjunatha N, Ram D. Panic disorder in general medical practice- A narrative review. *J Family Med Prim Care*. 2022 Mar;11(3):861-869.
76. Ram D, Benny N, Shruthy KV, Almarshad FBM. Levels and relationships of health-risk attitude and treatment burden, with medication adherence in patients with mental illness in South India – An exploratory study. *International Journal of Health & Allied Sciences*. (Accepted for publication).
77. Reddy S, Ram D. Relationships between suicide intention, cognitive styles, and decision making in attempted suicide. *Egypt J Psychiatr* 2022;43:80-6.

78. Manjunatha N, Ram D. A Concept of "Mind fits" for Conversion Disorders: An Educational Dialect for Indian Patients and Their Families. *Journal of Psychiatry Spectrum*. 2022 Jan 1;1(1):65-6.
79. Ram D, Mathew A. Social Psychiatry amid Biological Psychiatry and Indian Perspective. *Indian Journal of Social Psychiatry* (accepted for publication)
80. Alammam MA, Ram D, Albarragi KN, Alshahrani AS. The Levels of Cognitive Flexibility and Cognitive Resilience and their Relationships with Academic Performance in College Students During the COVID-19 Pandemic. *Current Psychiatry Research and Reviews Formerly: Current Psychiatry Reviews*. 2022 Nov 1;18(3):196-204.
81. Krishna AG, Goyal N, Ram D, Rajan AK, Kshitiz KK. Hunger Hormones in Adolescents with Disruptive Mood Dysregulation Disorder: An Exploratory Study. *Adolescent Psychiatry*. 2022 Mar 1;12(1):38-48.
82. Ram D, Bheemaraju SP, Alammam MA. Explanatory Models and their Relationship with Drug Attitude in Patients with Depression in South India. *Indian Journal of Psychological Medicine*. 2022:02537176221098329.
83. Manjunatha N, Ram D. Psychoeducation: Need for an alternative generic, destigmatized, and patient-friendly term in clinical practice. *Indian Journal of Psychological Medicine*. 2022 Sep;44(5):528-9.
84. Thatikonda NS, Ram D, Rao TS, Thatikonda PS. Sexual Dysfunction in Women with Nonpsychotic Disorders: A Cross-sectional Hospital-based Study. *Indian Journal of Psychological Medicine*. 2022 Sep;44(5):445-51.
85. Ram D, Al-Zahrani SA, Alshehri MA. The Levels and Relationships of Family and Life Satisfaction Among Saud Arabian-A Cross Sectional Study During Covid 19 Pandemic. *Age*.;27:10-64.
86. Reddy S, Ram D. Relationships between suicide intention, cognitive styles, and decision making in attempted suicide. *Egyptian Journal of Psychiatry*. 2022 May 1;43(2):80.
87. Alammam, M.A., Ram, D., Albarragi, K.N. and Alshahrani, A.S., 2022. The Levels of Cognitive Flexibility and Cognitive Resilience and their Relationships with Academic Performance in College Students During the COVID-19 Pandemic. *Current Psychiatry Research and Reviews Formerly: Current Psychiatry Reviews*, 18(3), pp.196-204.
88. Ram D, Mushtaq NF, Honnugudi BD, Alammam MA. Level and relationships of life satisfaction with cognitive flexibility and resilience in IT professionals. *Indian Journal of Occupational and Environmental Medicine*. 2022 Apr;26(2):84.
89. Ram D, Bheemaraju SP, Alammam MA. Explanatory Models and their Relationship with Drug Attitude in Patients with Depression in South India. *Indian Journal of Psychological Medicine*. 2022:02537176221098329.
90. Joseph B, Ram D. Efficacy of Video-Assisted Teaching on Learning Needs of Children And Literacy of Attention Deficit Hyperactivity Disorder Among Teacher Trainees in South India. *International Journal of Nursing Education*. 2022 Oct 17;14(4):20-5.

91. Mushtaq NF, Ram D, Mukherjee P, Khan NA. Neurocognitive Impact of ADHD in Children with Learning Disability: A Comparative Study. *Psychological Studies*. 2022 Dec;67(4):441-6.
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5. Ram D, Rao TSS, Raman R. Living Relationship (Cohabitation) -More Challenging Than Marriage? In Rao TSS editor, *Art of Psychiatry: Relationship Matters*, Indian Association of Private Psychiatric Publication, pp157-176.2011
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### **Paper Presentations**

1. Sub-Syndromal Symptoms in Remitted Bipolar Disorder at International Conference of Somatic Inkblot Society held at RINPAS –Ranchi, India in 2008
2. Perception of Suicide Prevention Following Recovery from Suicidal Attempt at 21st Annual Conference of Indian Psychiatric Society- Karnataka Branch on 20&21 August 2011
3. Soft Neurological Sign, Whole Blood Thiamine Level & Severity of Alcohol Withdrawal in Patient with Alcohol Dependence at National Conference of Indian Journal of Psychiatry – ANCIPS 2012
4. Process of First Suicidal Attempt & its Correlates at National Conference of Indian Journal of Psychiatry – ANCIPS 2013
5. International Association of Suicide Prevention on Process of Suicidal Attempt & Perception Regarding Prevention of Suicide After a Suicide Attempt at Chennai on 30 November 2012
6. World Psychiatric Association Regional Congress on 26th September 2015 on Burden of family Caregiving & Medication Adherence in Women with Mental Illness at Kochi
7. World Psychiatric Association Regional Congress on 26th September 2015 on Distress Tolerance, Psychosocial Burden and its Relationship with Self-management of Health in Women with Mental Illness at Kochi
8. Symposium at 22nd Congress of the World Association of Social Psychiatry on 3rd December 2016 in New Delhi
9. 68th Annual National Conference-Indian Psychiatric Society (ANCIPS 2016) on Barriers to Help Seeking Behavior in Patient with Headache on 23rd January 2016 in Pune
10. 68th Annual National Conference-Indian Psychiatric Society (ANCIPS 2016) on Pain Catastrophizing, Disability & its Relationships with Suicidality on 24th January 2016 in Pune
11. 69th Annual National Conference-Indian Psychiatric Society (ANCIPS 2017) on Study of

Relationships between Depression Literacy & Medication Adherence in Patient with Depression on 7th January 2017 at Raipur, Chhattisgarh

12. 70th Annual National Conference-Indian Psychiatric Society (ANCIPS 2018) on A Study of Attitude Towards Medication and medical help-seeking among medical and pharmacy students on 6th February 2018 at Kanke, Ranchi, Jharkhand
13. 70th Annual National Conference-Indian Psychiatric Society (ANCIPS 2018) on Suicide & Depression Literacy among Health Professions' Students in Tertiary Care Centre in South India on 7th February 2018 at Kanke, Ranchi, Jharkhand.

### **Other presentations**

1. Poster Presentation - Whole Blood Thiamine Level & Severity of Alcohol Withdrawal in Patient with Alcohol Dependence at 21st Annual Conference of Indian Psychiatric Society- Karnataka branch on 20 & 21 August 2011
2. Symposium at International association of suicide prevention on sexual dysfunction and sociality at Chennai on 30 November 2012
3. Symposium at 22nd World Congress for Social Psychiatry – WASP 2016 in New Delhi, India on Social psychiatry amidst biological psychiatry from 30th November to 4th December 2016
4. Symposium at 70th Annual National Conference-Indian Psychiatric Society (ANCIPS 2018) on Cancer and Psycho-sexual Functioning on 7th February 2018 at Kanke, Ranchi, Jharkhand.