



COMMUNITY SERVICES

Recommendation no: 20



Professor Mohammed Atef

29 MAY 2024

COMMUNITY SERVICES UNIT
College of Medicine, Shaqra

Prepared by: Altaf Bandy [Chair Community Services unit]



SCHOOL HEALTH AWARENESS CAMPAIGN

Report

The community services unit planned students' school health awareness and involvement of in research conferences for the year academic year 2023-2024[1445H]. All students of MBBS third conducted school health awareness under the supervision of a faculty member and delivered health talks on health promotion issues of public health importance [Evidence submitted as School health report to quality unit].

1. This report has been prepared in partial fulfilment of NCAAA's Requirements/recommendations for the accreditation of the MBBS programme at Shaqra College of Medicine for the academic year 2023-24 [1445].
2. Integration of extracurricular activities into the curriculum in accordance with the NCAAA action plan.
3. Recommendation 20: The SU MBBS program should encourage students for extracurricular activities that contributes to the achievement of PLOs.
4. Recommendation 27: The SU MBBS program should prioritize extracurricular activities for all students, establish and enforce participation goals, and monitor student engagement.
5. The information provided in the report will serve as evidence for meeting the NCAAA's requirements.

School Health Schedule

Dated: 19/09/2023

S/No	Activity	Date
1	Finalizing the topic with the mentor	21/09/2023
2	Completing the school health topic power point presentation	25/09/2023
3	Approval of the contents of the School health power point presentation by the mentor	26/09/2023
4	Permission letter from the administration to school heads	27/09/2023
5	Meeting the school head with the permission letter for finalizing time and date [Date of the activity given below]	28/09/2023
6	School participants [students and school faculty], school health group attendance sheets will be provided to the mentors. Group leader should collect from the mentor.	01/10/2023
7	Delivering the School health message. Capturing the event by taking photographs of the event	03/10/2023 8AM-10AM (You can proceed at the assembly time of the school 6:45AM)
8	Submitting the attendance sheets, power point presentation and the photographs to Course organizer	10/10/2023

Group number	Group Leader	Mentor
1	Ahmed Khalid Alzahrani	Dr. Waleed Abobaraka
2	Abdullah Fahhad Alqahtani	Dr. Yaser Saleh/ Dr. Altaf Bandy
3	Meshal Almutairi	Dr. Mohamed H Sarhan
4	Abdullah Abodabyk	Prof. Bahaaeldin Hassan

Community Service [School Health Activity] Report

Under the leadership of His Excellency the Dean College of Medicine, the Community Medicine discipline organised a community service activity [School health activity] in three educational institutions of Shaqra city on October 3rd, 2023. Students in their third year of medical college were divided into four groups. An Arabic-speaking mentor was assigned to each group. Under the mentors' guidance, each group prepared a presentation on a topic of priority health issue in the community. A proper permission letter requesting the school heads to allow the activity was prepared. On the day of activity, each group was accompanied by the mentor (s). These health talks were delivered on 3rd of October 2023 between 8AM to 10 AM.

Description of schools and the number of beneficiaries benefitted.

S/No.	Name of the School	Students	School faculty
1	King Abdulaziz High School	30	4
2	Yarmouk Middle School	64	3
3	Dar Al Manar Secondary School	59	8
4	Al-Waqef Middle School	30	8





RESEARCH
SYMPOSIA/CONFERENCES

The following students presented their research as posters on the 3rd Medical Research day 2023-24

Sr. No.	Title of the Abstract	Authors
1	Public awareness towards renal stones and its risk factors among the population of Shaqra, Saudi Arabia	Abdullah Alqahtani, Muhammad Alhuthyli, Salman Alrakan, Turkey Almutairi, Rakan Aldawsari Supervisor: Medhat Farag
2	The Relationship between Quality of Sleep and the Academic Performance of College Students in Shaqra University.	Ahmed Alzahrani, Rashed Alrashed, Rayan Ebnalameer, Ghazi Alotaibi, Bader Alsaif Supervisor: Semmal Mustafa
3	A cross-sectional study on the effect of procrastination on the performance of Students of Shaqra University.	Saud Albadia, Abdullah Abodabyk, Abdulmehsin Alenzi, Bandar Alanazi, Mohammed Almazroa, Sultan Alzahrani, Abdullah Alhumaid Supervisor: Aqeel Ahmad
4	Awareness of Iron Deficiency Anaemia in Shaqra City	Meshal Almutairi, Abdullah Alharbi, Saud Almutairi, Alwaleed Alshehri, Yazeed Altresi Supervisor: Dharmendra Sharma
5	A Multi-center Cross-sectional Assessment of Thromboprophylaxis Knowledge, Attitude, and Practices among Health Care Professionals	Feras Mansour Almarshad; Altaf Bandy; Abdulrahman Saad Alfaiz; Saad Feras Alotaibi; Shafi Ayidh Alaklabi; Yasser Faiz Alotaibi
6	Prevalence of electronic cigarette smoking among Shaqra university students	Fahad Al Gassim, Mohammed Al Howaiti, Adel Al Otaibi, Ibrahim Al Enazi, Abdulmajeed Alhumidi, Abdulaziz Alanezi, Abdulmajid Almansour, Muath Alammar
7	A Systemic Approach to the Comatose Patient	Faisal Alhuwail, Fahad Algassim, Abdulmajeed Almutairi, Abdulaziz Alowais, Muhammed Shabbir, Hossam Shabana, Abdulrahman Alshahrani, Feras Almarshad, Waleed Abubaraka
8	The prevalence and impact of autoimmune diseases on long-standing Type-1 Diabetes Mellitus: Results from a Saudi cohort of adults and children with Type-1 Diabetes Mellitus	Eyad Almalki, Khalid Altaweel, Aslam Pathan, Maram Alkhalidi, Mohammed Maswood, Imad Brema, Abdulhammed Alsaheel, Mussa Almalki
9	Prevalence and context of peer bullying among adolescents in schools of Shaqra City: Public-schools surveillance in Shaqra, Saudi Arabia	Abdullah Hussein, Saif Alshammary, Muath Alammar, Jalal Bilal, Yasser saleh



Photo gallery







Prize Distribution



3rd Position



2nd Position



1st Position