



**Bijad Saad Alqahtani**

**Ph.D in Biomechanics**

## Contact

---

Phone: +966592246666

Email: balqahtani@su.edu.sa

Address: Shaqra, KSA.

Google Scholar:

ORCID ID:

## Highlights

---

*e.g.:*

- *Works well under pressure*
- *Exceptional interpersonal skills*
- *Highly responsible and reliable*
- *Reagents preparation expert*
- *competent in spotting search topics*

## Education

---

*PhD • 2016-2020 • University of Dundee*

The Biomechanical assessment of Tai Chi Chuan movement and implication in rehabilitation exercise

*MSRS • 2013-2014 • Concordia University Wisconsin  
Master of Science in Rehabilitation Science*

*BSPT • 2006-2011 • King Saud University  
Bachelor degree in physical Therapy*

## Experience

---

- *Assistant Professor – Health Rehabilitation department – Shaqra University From 2021 till now.*
- *Lecturer – Health Rehabilitation department – Shaqra University 2015-2021.*
- *Teaching Assistant – Health Rehabilitation department – Shaqra University 2011-2015.*

## Personal Skills

---

- *Computer Skills*
- *Good Reseacher*
- *Accreditation Skills*
- *Teaching aids education*

## Publications

---

- *Comparing the effects of retro and forward walking on serum adiponectin levels in obese young adults*
- *Comparison of Limb and Joint Strengths between Tai Chi Chuan Players and Non-Tai Chi Chuan Groups by Using a Force Sensor*
- *Retro walking treadmill training reduces C—reactive protein levels in overweight and obese young adults: A randomized comparative study*

## National and international conferences

---

*International conference of human biomechanics and sport • 20-21/01/2021 • UK • (Speaker and winner for the best presenter).*

*American Physical Therapy Association APTA conference • 2014 • American Physical Therapy Association • USA (Attendance)*

## Workshops

*How to prepare research plan for application specialties • 1442 • Shaqra University • KSA.*

*SPSS . • 01/09/2019 – 01/12/2019 • UK • (Attendance and Exam)*

*C-516 NAIOMT Cervical Spine I • 26-27/04/2016 • USA (Attendance)*

*C-511 NAIOMT Lumbopelvic Spine I • 24-25/04/2016 • USA (Attendance)*

*Medical Exercise Therapy Level II • 18-19/08/2015 • USA (Attendance)*

*Medical Exercise Therapy Level I • 16-17/08/2015 • USA (Attendance)*

-