



Civil Engineering Department  
College of Engineering



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*Vision: Local and International Leadership in civil engineering education, innovative research, and knowledge dissemination.*

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# A guide for psychological and social students' cases

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**Mission:** Providing an outstanding education and scientific research in line with advances in the field of civil engineering in order to prepare competitive engineering graduates capable of solving industry and community problems.



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## 1 Introduction

Providing psychological and social services aims of helping students in resolving social and mental health problems so that students can improve their academic performance and avoid academic stumbling.

The CE Department's academic advisor provides full support to students to tackle problems that hinder their academic progress as a study Problem, Social Problem, Psychological Problem, Family Problem, etc. Academic advising committee members also assess the student who has psychological, social or personal problems and refer them to specialized faculty members in the mental health enhancement committee, at Shaqra University, to get the required support and guidance in full confidentiality.

## 2 Mental Health Enhancement Committee

The university has a mental health enhancement committee affiliated to the university Agency for Educational Affairs ([Mental Health Enhancement Committee](#)), which provides various psychological and social counseling services and programs. Its goals as follows:

- Providing specialized counseling in the psychological and social aspects for university students
- Holding training courses in the fields of psychological and social services.
- Preparing counseling and treatment programs for university students, employees and the local community.

The student and/or his academic advisor can request psychological and social help from the committee for improving mental health or Psychologists at the center by using the barcode link below.

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**Mental Health Enhancement Committee**

### 3 A Virtual Clinic for Psychological and Social Services

A virtual clinic for psychological and social services is also available at the university Agency for Educational Affairs ([Psycho clinic](#)). Services provided by the virtual Psycho clinic, as follows:

- Providing counseling services in the psychological, social, family and educational aspects to the beneficiaries in all confidentiality and privacy
- Community service at the hands of specialists in psychological counseling
- Refer students according to their needs to agencies that contribute to solving their problems
- Implementation of individual group rehabilitative treatment plans

Information about psychologists in the virtual clinic is available at this link ([Psychologists in the virtual clinic](#)).

When there is a case having a psychological or sociological problem that requires psychological support from specialists. The request can be submitted via the following link: [Virtual Clinic for Psychological and Social Services](#)

The service applicant fills out the application, which contains three parts as follows: General information, Psychological health, Psychologists, and Attachments and supporting files

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## 4 Request Form for Virtual Clinic

### 4.1 General Information

معلومات عامة:	اسم المستفيد
الجنس	- لا شيء -
العمر	
الحالة الإجتماعية	- لا شيء -
فئة المستفيد*	- اذتر -
رقم الجوال*	
البريد الإلكتروني*	

### 4.2 Psychological Health

الصحة النفسية:	الحالة النفسية الحالية
هل سبق وتم تشخيصك باضطراب نفسي؟*	- اذتر - - اذتر - نعم لا لا أرغب بالإفصاح

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### 4.3 Psychologists

The student has the option of selecting the psychologist with whom he will consult. Also the student can write send comments

الأخصائيون النفسيون

فضلا اختر الأخصائي النفسي الذي ترغب بالتواصل معه:\*

- اختر -

ملاحظات ترغب بإرسالها للأخصائي

### 4.4 Attachments and Supporting Files

ملاحظات ترغب بإرسالها للأخصائي

المرفقات و الملفات الداعمة

فضلا ارفاق الملفات التي ترغب بأن يطلع عليها الأخصائي

الملفات المرفقة

No file chosen

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