

College of Nursing - Dawadmi

Programs Name: Bachelor of Nursing Science	Course Code: NUR 4230
Course Title: Professional Development	Credit hours: 2 (1+1)

Course Description

This course is designed to support undergraduate nursing students in developing the essential skills and knowledge required to thrive as professionals in the healthcare field. Students will explore the growth of their professional identity, understand the core values and competencies expected of nurses, and reflect on the significance of ethical decision-making, leadership, and interprofessional collaboration. The course will also guide students in preparing for their careers by fostering self-awareness, promoting lifelong learning, and encouraging proactive career planning. By the end of the course, students will have gained the tools necessary to navigate the complexities of nursing practice, pursue ongoing professional development, and make meaningful contributions to the healthcare community.

No	Course content
1.	Introduction to Professional Nursing and Professional Identity
2.	Core Competencies for Professional Nursing Practice
3.	Navigating the Healthcare Environment and Interprofessional Collaboration, Collaboration
4.	Professional Behavior and Accountability
5.	Leadership and Systems-Based Professional Nursing Practice
6.	Evidence-Based Practice in Clinical Decision-Making
7.	Ethical Decision-Making and Professional Values
8.	Laws and legal issues in Professional Nursing Practice
9.	Resilience and Managing Stress in Nursing practice
10.	Career Planning and Setting Professional Goals
11.	Job Search and Interview Skills
12.	Advancing and Managing a Professional Nursing Career
13.	Professional Development Plan (PDP)
14.	Personal Branding and Professional Presence
15.	Review of capstone project

Textbook (s) :

- Masters, K. (2021). *Role Development in Professional Nursing Practice*: Jones C Bartlett Learning.
- Black, B. P., C Chitty, K. K. (2014). *Professional nursing : concepts & challenges* (7th ed). Elsevier.
- Professional Development, Reflection and Decision-Making in Nursing and Healthcare. (2013). Germany: Wiley.