

College of Nursing - Dawadmi

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| Programs Name: Bachelor of Science in Nursing | Course Code: NUR 4322 |
| Course Title: Psychiatric and Mental Health Nursing | Credit hours: 3 (3+0) |

Course Description

This course focuses on providing students with evidence-based knowledge and skills required for nursing practitioners to care for their patients, and to meet the challenges of mental health nursing profession. This knowledge and skills are important in providing high quality health services to individuals and families with diverse mental health needs across the lifespan. It addresses major theories pertaining to the field of mental illness & mental wellness in general, and those related directly to nursing the mentally ill. It also introduces students to the legal and ethical principles the nurse needs to protect the rights of the patients and their own rights.

| No | Course content |
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| 1. | <u>Introduction to the course and its requirements</u> Foundations of Psychiatric–Mental Health Nursing: Mental Health and Mental Illness, Diagnostic and Statistical Manual of Mental Disorders, Historical Perspectives of the Treatment of Mental Illness, Mental Illness in the 21st Century, Psychiatric Nursing Practice |
| 2. | Biological Context of Psychiatric Nursing Care: The Nervous System and How It Works, Brain Imaging Techniques, Neurobiological Causes of Mental Illness, The Nurse’s Role in Research and Education |
| 3. | Psychosocial Theories & Therapy : Psychoanalytic theory (Freud), Developmental theories (Erik Erikson, Jean Piaget), Interpersonal theories (Sullivan, Peplau), Humanistic Theory (Maslow, Carl Roger), Behavioral Theories (Ivan Pavlov, Skinner), Existential Theories |
| 4. | Legal and Ethical Context of Psychiatric Nursing Care :Legal Consideration, Ethical Issues |
| 5. | Legal and Ethical Context of Psychiatric Nursing Care: Legal Consideration, Ethical Issues |
| 6. | Disorders Abuse, Violence & Somatoform Disorders: Clinical Picture of Abuse and Violence Characteristics of Violent Families, Intimate Partner Violence, Child Abuse, Elder Abuse, Rape and Sexual Assault, Community Violence, Somatoform. |
| 7. | Anxiety and Anxiety Disorders: Anxiety as a Response to Stress, Overview of Anxiety Disorders, Incidence, Onset and Clinical Course, Related Disorders, Etiology, Treatment, Community-Based Care, Mental Health Promotion, Panic Disorder, Phobias, Anxiety Related Disorder |
| 8-9 | Mood Disorders, Categories of Mood Disorders, Related Disorders, Etiology: Unipolar Depressive Disorder, <i>Bipolar Disorder</i> , <i>Suicide</i> |
| 10. | Schizophrenia, Clinical Course, Related Disorders, Etiology, Treatment, Community-Based Care, Mental Health Promotion |
| 11. | Cognitive Disorders: Delirium, Dementia |
| 12-13 | Personality Disorders : Etiology, Treatment, Paranoid Personality Disorder, Schizoid Personality Disorder, Schizotypal Personality Disorder, Antisocial Personality Disorder, Borderline Personality Disorder, Histrionic Personality Disorder, Narcissistic Personality Disorder, Avoidant Personality Disorder, Dependent Personality Disorder Obsessive–Compulsive Personality Disorder, Community-Based Care, Mental Health Promotion |
| 14. | Eating Disorders: Overview of Eating Disorders, Categories of Eating Disorders, Etiology, Anorexia Nervosa Bulimia Nervosa, Community-Based Care, Mental Health Promotion |
| 15. | Neurodevelopmental Disorders: Autism Spectrum Disorder, Attention Deficit/Hyperactivity Disorder, Mental Health Promotion |