

College of Nursing - Dawadmi

<b>Programs Name:</b> Bachelor of Science in Nursing	<b>Course Code:</b> NUR 4432
<b>Course Title:</b> Psychiatric and Mental Health Nursing clinical	<b>Credit hours:</b> 4(0+4)

**Course Description**

This clinical course is a co-requisite to the theoretical part of mental health nursing module. Guided by the nursing process, critical thinking and therapeutic communication skills, the nursing students are provided with the opportunity to apply the learnt theoretical concepts into practice. Emphasis is placed on promoting, maintaining, and restoring the mental health of individuals and families. Interdisciplinary team planning, intervention & therapeutic group meeting are considered.

No	Course content
1.	Introduction to the course and its requirements Self-awareness
2.	Mental health Assessment: Factors Influencing Assessment, Conducting the Interview, Content of the Assessment, Data Analysis, Signs and symptoms of mental illness
3.	<b>Building the Nurse-Client Relationship:</b> Therapeutic Relationships, Components of a Therapeutic Relationship, Types of Relationships, Establishing the Therapeutic Relationship, Avoiding Behaviors that Diminish the Therapeutic Relationship, Roles of the Nurse in a Therapeutic Relationship
4.	<b>Therapeutic Communication:</b> What Is Therapeutic Communication? Verbal Communication Skills, Nonverbal Communication Skills, Understanding the Meaning of Communication, Understanding Context, Understanding Spirituality, The Therapeutic Communication Session, Assertive Communication: Community-Based Care. <b>Quiz #1</b>
5-6	<b>Treatment Modalities:</b> Behavioral cognitive therapy, Cognitive therapy, Individual psychotherapy, Group psychotherapy, Family Therapy, Play therapy, Art therapy, Music therapy, Electroconvulsive therapy
7.	<b>Presentations and role play of selected psychotherapy Client's Response to Illness:</b> Individual Factors, Interpersonal Factors, Cultural Factors, <b>Presentations and role play of selected psychotherapy</b>
8.	<b>The Nurse and Psychosocial Interventions Psychosocial therapy:</b> Student will conduct individual therapy with their classmate and come up with Nurse patient interaction output (NPI) with analysis. <b>Presentations and role play of selected psychotherapy. Quiz #2</b>
9.	<b>Psychopharmacology:</b> Antipsychotic, Antidepressant, Mood stabilizer , Antianxiety, Stimulant , Disulfiram (Antabuse)
10	<b>Hostility, and Aggression:</b> Onset and Clinical Course, Related Disorders, Etiology, Treatment, Workplace Hostility <b>Trauma and Stressor-Related Disorders:</b> Posttraumatic Stress Disorder, Dissociative Disorders <b>Obsessive-Compulsive and Related Disorders, Obsessive-Compulsive Disorder</b>
11.	<b>Addiction :</b> Types of Substance Abuse, Onset and Clinical Course, Related Disorders, Etiology, Types of Substances and Treatment, Treatment and Prognosis <b>Community-Based Care:</b> Mental Health Promotion, Substance Abuse in Health Professionals, Mental Health Promotion for psychiatric disorders, Treatment Settings and Therapeutic Programs, Psychiatric Rehabilitation and Recovery, Special Populations of Clients with Mental Illness, Interdisciplinary Team, Psychosocial Nursing in Public Health and Home Care, Community-Based Care for psychiatric disorders <b>Presentations and role play of selected psychotherapy</b>
12.	<b>Clinical Duty Activity:</b> Nurse patient interaction and assessment, Application of psychotherapy, cognitive therapy, behavioral cognitive therapy, and psychosocial therapy, Mental health promotion
13.	<b>Clinical Duty Activity:</b> Nurse patient interaction and assessment, Application of psychotherapy, cognitive therapy, behavioral cognitive therapy, and psychosocial therapy, Mental health promotion
14.	<b>Clinical Duty Activity:</b> Nurse patient interaction and assessment, Application of psychotherapy, cognitive therapy, behavioral cognitive therapy, and psychosocial therapy, Mental health promotion
15.	<b>Clinical Duty Activity:</b> Nurse patient interaction and assessment, Application of psychotherapy, cognitive therapy, behavioral cognitive therapy, and psychosocial therapy, Mental health promotion

**Textbook (s) :** Videbeck, S. L. (2019). Psychiatric-mental health nursing. 8th Edition. Lippincott Williams & Wilkins  
Townsend, M.S. (2015). Psychiatric Nursing. Assessment, Care Plans & Medications. 9th Edition. F. D. Davis Company.