



College of Nursing - Dawadmi

Programs Name: Bachelor of Science in Nursing	Course Code: NUR 2303
Course Title: Health Assessment	Credit hours: 3(2+1)

Course Description

This course is divided into 2 parts; the theoretical part is designed to provide nursing students with the knowledge and skills needed to assess the physical and mental health status of clients with different age groups. Specific attention is given to the biopsychosocial and spiritual dimension of the clients. Normal and abnormal variations are also addressed. The practical part of this course aims at providing nursing students with the opportunity to use interview, observation, percussion, palpation, inspection, and auscultation in assessing clients in the lab and later in health care settings.

No	Course content
1.	Assessment of the Whole Person
2.	Approach to The Clinical Settings
3.	Physical Exam: Skin, Hair, and Nails
4.	Physical Exam: Head, Face, and Neck Including Regional Lymphatics
5.	Physical Exam: Eyes, Ears, Nose
6.	Physical Exam: Mouth, and Throat
7.	Physical Exam: Breast and Regional Lymphatics
8.	Physical Exam: Thorax and Lungs
9.	Physical Exam: Heart and Neck Vessels
10.	Physical Exam: Peripheral Vascular System and Lymphatic System
11.	Physical Exam: Abdomen
12.	Physical Exam: Musculoskeletal System
13.	Physical Exam: Neurologic assessment
14.	Physical Exam: Male and Female Genitourinary assessment
15.	Physical Exam: Anus, Rectum, and Prostate assessment The Complete Health Assessment: Adult Bedside Assessment and Electronic Health Recording Functional Assessment of the Older Adult

Textbook (s) :

Jarvis, C., (2019). *Physical Examination and Health Assessment* (8th ed.). Saunders. Bickley, L. S., Szilagyi, P. G., Hoffman, R. M., & Soriano, R. P. (2020). *Bates' Guide To Physical Examination and History Taking* (13th ed.). LWW