



College of Nursing - Dawadmi

| | |
|--|-----------------------|
| Programs Name: Bachelor of Science in Nursing | Course Code: NUR 2402 |
| Course Title: Fundamentals of Nursing / Theory | Credit hours: 4 (4+0) |

Course Description

The Fundamentals of Nursing (Theory) course provides the foundation for professional nursing knowledge. This is designed to provide nursing students with the knowledge and information basic to the arts and science of nursing guided by the past and recent history of nursing. The course introduces nursing students to intertwining concepts of physiological, psychosocial, and spiritual health needs of a person. Moreover, contemporary nursing practice, legal aspects and values, ethics and advocacy, and the use of nursing processes to meet the needs of clients are emphasized. Throughout the course, students will be introduced to a variety of concepts and nursing theories. Specific emphasis will be placed on the nursing process and its applications in nursing practice through the principle of the basic nursing skills, hygiene, nutrition, mobility, safety, and medication calculations and administration. At the conclusion of this course, students will be provided with the concepts of fundamental nursing necessary for safe delivery of holistic, patient-centered and evidence-based nursing care.

| No | Course content |
|-----|--|
| 1. | Introductory week |
| 2. | Introduction to the course and its requirements Unit 1: The Nature of Nursing |
| 3. | Unit 2: Integral Component of Client Care-Part 1 |
| 4. | Unit 2: Integral Component of Client Care-Part 2 |
| 5. | Unit 3: Assessing Health |
| 6. | Unit 4: Medications-Part 1 |
| 7. | Unit 4: Medications-Part 2 |
| 8. | Unit 4: Medications-Part 3 |
| 9. | Unit 5: The Nursing Process- Part 1 |
| 10. | Unit 5: The Nursing Process- Part 2 |
| 11. | Unit 6: Promoting Physiological Health-Part 1 |
| 12. | Unit 6: Promoting Physiological Health-Part 2 |
| 13. | Unit 6: Promoting Physiological Health-Part 3 |
| 14. | Unit 6: Promoting Physiological Health-Part 4 |
| 15. | Unit 6: Promoting Physiological Health-Part 5 |

Textbook (s): Berman, A., Shirlee, S., & Geralyn, F. (2020). Kozier&Erb's Fundamentals of Nursing: Concepts process and practice (10th Edition). Boston, MA: Pearson.